



**Personal Development for Beginners: Book 1 - 3:
Goal Setting for Success; Time Management for a
Productive Life; The Power of Habit: be Efficient
in Everything you do**

Eddie de Jong

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You can transform your life by knowing what you want, and then going for it

Do you set goals but somehow never reach them? Are you struggling to build the life you want for yourself? Do you aim for the stars but somehow never get close?

>>> Learn how to set Goals that work and be successful in any area of your life.

Is 24 hours per day not enough to get all the things done that you want to? Do you often wish that you had more time to do the things you really love doing? Are you stressed out because your workload is impossible to handle?

>>> Simple Time Management techniques will make you more productive than you've ever been before.

Are you struggling to get everything done that you need to do? Do you often wish that you could be more efficient and productive, and that things could just be done easier? Are you stressed out because your workload is impossible to handle?

>>> Learn new Habits that will help you become efficient in everything you do.

Personal Development for Beginners is based on **tried and tested scientific principles** that have helped millions of people build the lives they want.

The theory has been condensed and simplified into an easy-to-use series of steps that will show you how to:

- Recognize which goals will work for you and which won't.
- Understand the requirements of a well structured goal.
- Take action so that your goals become reality and your life improves exponentially.
- Start keeping track of your time right now.
- Classify your activities based on what is important to you.
- Prevent crisis's that drains you of all energy and leaves room for nothing else.
- Choose and implement those habits that will serve you in becoming what you want to be.
- Get rid of bad habits that trip you up and hold you back.
- Take responsibility for your own life and not allow others to decide how you should live it.
- Deal with the curve balls life throws you so that they don't get in the way of you becoming what you want to be.

Taking Consistent Action is Key to Changing your life

Creating meaningful goals for yourself, managing your time effectively and acquiring those habits that will help you become who you want to be, all becomes easy once you know how. Actually achieve professional

and personal success irrespective of what they are by *following the simple, practical steps outlined.*

Do you want your own profitable business that will bring fame and success? Do you desire financial independence and personal freedom? Would you love to improve your relationships and make them more fulfilling?

All of these are within your reach.

Take action now and change your life forever!

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From reader reviews:

Carla McFarlin:

People live in this new day time of lifestyle always aim to and must have the extra time or they will get large amount of stress from both day to day life and work. So , when we ask do people have spare time, we will say absolutely yes. People is human not really a huge robot. Then we question again, what kind of activity are there when the spare time coming to a person of course your answer will unlimited right. Then do you ever try this one, reading textbooks. It can be your alternative in spending your spare time, often the book you have read is definitely Personal Development for Beginners: Book 1 - 3: Goal Setting for Success; Time Management for a Productive Life; The Power of Habit: be Efficient in Everything you do.

Farah McCune:

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Randy Acevedo:

With this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become certainly one of it? It is just simple solution to have that. What you have to do is just spending your time not much but quite enough to have a look at some books. Among the books in the top checklist in your reading list is definitely Personal Development for Beginners: Book 1 - 3: Goal Setting for Success; Time Management for a Productive Life; The Power of Habit: be Efficient in Everything you do. This book which is qualified as The Hungry Mountains can get you closer in getting precious person. By looking right up and review this e-book you can get many advantages.

Christine Brooks:

What is your hobby? Have you heard this question when you got learners? We believe that that concern was given by teacher on their students. Many kinds of hobby, Every person has different hobby. And you also know that little person like reading or as reading through become their hobby. You need to understand that reading is very important and book as to be the thing. Book is important thing to incorporate you knowledge,

except your current teacher or lecturer. You discover good news or update with regards to something by book. Many kinds of books that can you decide to try be your object. One of them is Personal Development for Beginners: Book 1 - 3: Goal Setting for Success; Time Management for a Productive Life; The Power of Habit: be Efficient in Everything you do.

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