



# **A History of Personality Psychology: Theory, Science, and Research from Hellenism to the Twenty-First Century**

*Frank Dumont*

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## **A History of Personality Psychology: Theory, Science, and Research from Hellenism to the Twenty-First Century** Frank Dumont

In this book Frank Dumont presents personality psychology with a fresh description of its current status as well as its prospects. Play, sex, cuisine, creativity, altruism, pets, grieving rituals, and other oft-neglected topics broaden the scope of this fascinating study. This tract is imbued with historical perspectives that reveal the continuity in the evolving science and research of this discipline over the past century. The author places classic schemas and constructs, as well as current principles, in the context of their socio-political catalysts. He further relates this study of the person to life-span developmental issues and to cultural, gender-specific, trait-based, genetic/epigenetic, and evolutionary research findings. Personality psychology has recently reconciled itself to more modest paradigms for describing, explaining, and predicting human behaviour than it generated in the 19th and 20th centuries. This book documents that transformation, providing valuable information for health-service professionals as well as to teachers, researchers, and scientists.

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