



# The Overworked American: The Unexpected Decline Of Leisure

*Juliet Schor*

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## **The Overworked American: The Unexpected Decline Of Leisure** Juliet Schor

This pathbreaking book explains why, contrary to all expectations, Americans are working harder than ever. Juliet Schor presents the astonishing news that over the past twenty years our working hours have increased by the equivalent of one month per year—a dramatic spurt that has hit everybody: men and women, professionals as well as low-paid workers. Why are we—unlike every other industrialized Western nation—repeatedly ”choosing” money over time? And what can we do to get off the treadmill?

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