



# The Essential Urban Farmer

*Novella Carpenter, Willow Rosenthal*

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**The "how-to" guide for a new generation of farmers from the author of *Farm City* and a leading urban garden educator.**

In this indispensable guide, Farm City author Novella Carpenter and Willow Rosenthal share their experience as successful urban farmers and provide practical blueprints-complete with rich visual material-for novice and experienced growers looking to bring the principles of ethical food to the city streets. *The Essential Urban Farmer* guides readers from day one to market day, advising on how to find the perfect site, design a landscape, and cultivate crops. For anyone who has ever grown herbs on windowsills, or tomatoes on fire escapes, this is an invaluable volume with the potential to change our menus, our health, and our cities forever.

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