



**The Skinny Slow Cooker Student Recipe Book:  
Delicious, Simple, Low Calorie, Low Budget, Slow  
Cooker Meals For Hungry Students. All Under  
300, 400 & 500 Calories**

*CookNation*

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# The Skinny Slow Cooker Student Recipe Book: Delicious, Simple, Low Calorie, Low Budget, Slow Cooker Meals For Hungry Students. All Under 300, 400 & 500 Calories

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**Author of the #1 Best Selling *The Skinny Slow Cooker Recipe Book***

**The Skinny Slow Cooker Student Recipe Book  
Low Calorie, Low Budget, Slow Cooker Meals For Hungry Students**

Great tasting, no fuss, low budget AND low calorie slow cooker meals for students. The slow cooker should be the essential kitchen gadget on every students checklist. Whether you're a fresher, post grad, taking a gap year or just starting out in your first home this collection of skinny low calorie recipes will suit any calorie conscious scholar's budget.

Keeping prep time to a minimum, our simple recipes are a breeze to follow with no prior cooking experience needed. With a few essential store cupboard ingredients, some basic kitchen tools, a slow cooker and a desire to cook healthy, balanced, low calorie meals, any student can recreate a taste of home. With some savvy shopping tips, and as little as 10 mins prep, everything is in the slow cooker and left to cook slowly to perfection. Ideal for cooking ahead and freezing portions for another day and for entertaining friends.

**Includes:**

**Over 70 great tasting slow cooker meals under 500 calories**

**Tips to get the most out of your shopping budget**

**Basic food hygiene**

**Essential store cupboard ingredients**

**Essential kitchen tools**

**Need to know cooking techniques**

**Tips on using your slow cooker**

You may also enjoy other titles in the Skinny calorie counted series. Just search 'CookNation' on Amazon.

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**Earline Martin:**

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**Thomas Whitaker:**

A lot of people always spent their free time to vacation or even go to the outside with them family members or their friend. Do you know? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity here is look different you can read the book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day every day to reading a reserve. The book The Skinny Slow Cooker Student Recipe Book: Delicious, Simple, Low Calorie, Low Budget, Slow Cooker Meals For Hungry Students. All Under 300, 400 & 500 Calories it is very good to read. There are a lot of people who recommended this book. These were enjoying reading this book. When you did not have enough space to create this book you can buy typically the e-book. You can m0ore easily to read this book out of your smart phone. The price is not very costly but this book offers high quality.

**Jessica Davis:**

People live in this new day of lifestyle always attempt to and must have the spare time or they will get lot of stress from both daily life and work. So , once we ask do people have extra time, we will say absolutely of course. People is human not really a huge robot. Then we consult again, what kind of activity are you experiencing when the spare time coming to a person of course your answer can unlimited right. Then ever try this one, reading publications. It can be your alternative within spending your spare time, typically the book you have read is usually The Skinny Slow Cooker Student Recipe Book: Delicious, Simple, Low Calorie, Low Budget, Slow Cooker Meals For Hungry Students. All Under 300, 400 & 500 Calories.

**Neil Owens:**

The book untitled The Skinny Slow Cooker Student Recipe Book: Delicious, Simple, Low Calorie, Low Budget, Slow Cooker Meals For Hungry Students. All Under 300, 400 & 500 Calories contain a lot of information on that. The writer explains the woman idea with easy approach. The language is very easy to understand all the people, so do certainly not worry, you can easy to read the item. The book was authored by famous author. The author brings you in the new age of literary works. You can read this book because you can read more your smart phone, or device, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can available their official web-site and order it. Have a nice study.

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