



La vida proyecto del alma (Spanish Edition)

María Blanco Touriño

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Roberto es mi amigo desde hace más de 20 años. Cuando en la noche lo vi tirado sobre el asfalto, gritaba mi nombre y eso me sobresalto. Me desperté angustiada. ¿Qué estaba ocurriendo? No podía ser, es solo una pesadilla pensé. ¿O no? Aun cuando lo intenté, no volví a conciliar el sueño, no podía dormir. Solo esperaba ver el día para saber. Las noticias no se hicieron esperar. A las siete de la mañana, Laura la hermana de Roberto, me comunicaba entre sollozos que su hermano había tenido un accidente en carretera de madrugada y estaba muy grave ingresado en el hospital comarcal. Así empieza la historia de Roberto, una de las muchas que la autora cuenta en este libro, junto a las de Marta, Helen o Paulo y otras historias reales recogidas por esta terapeuta durante más de 25 años de trabajo y a través de las cuales María Blanco nos introduce a una visión más amplia de la realidad que no dejara al lector impasible. Una visión de la "otra realidad?" y de la vida que se vislumbra desde las "dos orillas" como un proyecto del Alma. "Ure" La periodista" correctora de los tiempos.

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