



# Prayer Works! Getting a Grip on Catholic Spirituality

Matthew Leonard

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Maybe you've read stories about millionaires who travel to Tibet to learn how to meditate.

Maybe you know someone who visited a monastery for a month to learn how to pray.

Maybe you don't have that kind of money or spare time. But you still want to learn to pray.

Don't worry. You don't need money or a monastery. You have this book. You have a sense of humor. And you have God's grace. You're ready to pray.

Prayer is how we talk with God. The Bible says we should do it constantly. Jesus said it's the one thing we need to do. Your soul was made to be in conversation with God. Nobody knows you better. Nobody cares more about you.

The good news is that prayer isn't something exotic or esoteric - not when Matthew Leonard talks about it. He makes the methods manageable. (Promise: you won't have to twist your body into a pretzel, hire a coach, or learn a foreign language.)

So if you've never read a book on prayer, you've got the right one. And if you've read lots of books on prayer, you've still got the right one. It's got laugh-out-loud humor, great storytelling, and rock-solid instruction. Prayer Works is fun and fast-paced. It will put you on your knees - after you're finished slapping them.



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