



# **The Skinny Ice Cream Maker: Delicious Lower Fat, Lower Calorie Ice Cream, Frozen Yogurt & Sorbet Recipes For Your Ice Cream Maker**

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**#1 Amazon Best Selling Author**

**The Skinny Ice Cream Maker**

**Delicious Lower Fat, Lower Calorie Ice Cream, Frozen Yogurt & Sorbet Recipes For Your Ice Cream Maker**

Everyone loves Ice Cream - from soft and creamy classics, indulgent and rich ripples to daring, exotic and delectable concoctions - ice cream is the king of treats. Now with *The Skinny Ice Cream Maker* you can enjoy your favorite treat anytime.... **guilt free!**

Written to suit any modern ice cream maker, **our *Skinny* recipes are all lower in fat, calories and sugar** than many traditional full fat recipes, are simple and quick to make and will rival the taste and texture of many store-bought tubs. By following our simple recipes and ingredients you can be making delicious lower fat, lower calorie 'skinny' ice cream in no time.

Based on over 70 of the most popular ice cream, frozen yogurt and sorbet recipes we've made our recipes *Skinny* by replacing some key ingredients with lower fat/calorie alternatives without compromising on taste!

**So what are you waiting for?**

**Dive into a world of *Skinny Ice Cream Making Now!***

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