

Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3)

The Mindful Word

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This current edition has been updated to correct formatting errors that occurred on first printing. Any customers who purchased the first printing can contact us for a replacement (www.themindfulword.org/contact). This coloring book features:

- 200 Celtic designs to color! Celtic Knots, Celtic Crosses and other beautiful Celtic art patterns with a mix of intricate and basic designs.
- Introductions to Celtic art and art therapy, written by an art therapist
- Designs are printed on individual sheets to reduce bleed through
- Some pages have one large design to a page, some have multiple smaller designs per page
- Bright white color paper
- Perfect-bound glossy softcover (10 pt)

Celtic art is known for its strong use of geometrical decorations, its sense of balance and powerful symbols. It can be found all over the world (largely on people's bodies as tattoos), but particularly in the Celtic nations, such as Britain, Scotland and Ireland.

Celtic Designs Coloring Book for Adults contains a broad range of different Celtic design patterns, from the Celtic Cross to Celtic Knot (and its variations, such as the Celtic Love Knot).

Use the 200 Celtic designs in this coloring book to inspire your creativity, reduce your stress levels and center yourself in meditation.



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From reader reviews:

Carl Strum:

The reason? Because this Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3) is an unordinary book that the inside of the reserve waiting for you to snap that but latter it will shock you with the secret the item inside. Reading this book alongside it was fantastic author who else write the book in such incredible way makes the content on the inside easier to understand, entertaining approach but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of rewards than the other book have such as help improving your talent and your critical thinking approach. So , still want to hesitate having that book? If I had been you I will go to the publication store hurriedly.

Rebecca Stark:

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David Hosford:

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Juan Jensen:

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