



Recetas Vegetarianas Fáciles y Económicas: Más de 120 recetas vegetarianas saludables y exquisitas (Spanish Edition)

Diana Baker

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Si buscabas recetas de cocina vegetariana, entonces este libro de recetas veganas es para ti! El mismo es un recetario que contiene una selección de recetas vegetarianas saludables y fáciles de preparar en poco tiempo. Este recetario incluye más de 100 recetas para toda ocasión, las cuales contienen una serie de platos sin carnes ni pescados, con una variedad de recetas de Verduras, Huevos, Queso, Arroz, Ensaladas, Aderezos, Mayonesas, Salsas, Pickles, Chutneys, Sándwiches y Aperitivos. Encontrarás que las recetas vegetarianas aquí incluídas son fáciles y rápidas de elaborar, con ingredientes fáciles de conseguir.

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