



10 Secrets of the LaidBack Knitters: A Guide to Holistic Knitting, Yarn, and Life

Vicki Stiefel, Lisa Souza

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10 Secrets of the LaidBack Knitters speaks to all levels of knitters who want to enhance and expand their knitting experience in joyful and substantive ways. With humor and insight, authors Vicki Stiefel and Lisa Souza illustrate how to become a laidback knitter--one who enjoys the process as much as the product. Join in and be inspired by the mix of people, patterns, and places in their knitting world; follow the steps they took; and discover the secrets that set them along this path. *10 Secrets* contains a wealth of other valuable and fun information including profiles, websites and other resources the authors can't live without, information on fibers, spinning, and crochet, and much more!

Additionally, an amazing collection of twenty-seven patterns--complete with instructions and charts--fills the book with elegant shawls, chic sweaters, and colorful scarves from a spectrum of designers, all beautifully photographed in full-color.

This is a book that gives knitters permission to relax and have fun; to see that knitting can be as much about process as about the finished product, and know that the stitches they knit can express the inner joy they feel. The exciting patterns--aimed at knitters from beginners to experienced--complement the books exuberant purpose and style.

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