



A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7)

Gill Connell, Cheryl McCarthy

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In order to learn, kids' need to move! Grounded in best practices and current research, this hands-on resource connects the dots that link brain activity, movement, and early learning. The expert authors unveil the **Kinetic Scale**: a visual map of the active learning needs of infants, toddlers, preschoolers, and primary graders that fits each child's individual timetable.

Teachers, parents, and caregivers will find a wealth of information, actionable tips, and games they can use to support children's healthy development—all presented in a **lively, full-color** format with demonstrative diagrams and photos. A final section offers easy-to-implement activities geared to the Kinetic Scale.

Downloadable digital content includes printable charts, games, and activities from the book plus a PowerPoint presentation for professional development, parent handouts, and bonus activities. An ideal tool for coaches, mentors, and trainers. Introducing the Kinetic Scale

- unique framework encompassing all the elements of movement: reflexes, sensory tools (sight, hearing, smell, taste, touch, balance, and intuition), motor tools (power, coordination, and control), and language
- based on six stages of movement development from birth to age 7: snugglers, squigglers, stompers, scampers, scooters, and skedaddlers
- designed to foster a balanced diet of physical activity that helps each child move, grow, and learn on the child's individual timetable

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