



# The Heartache No One Sees: Real Healing for a Woman's Wounded Heart

Sheila Walsh

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Do you belong to the "silent community of the broken," hiding your pain under a veneer of busyness and perfection?

Sheila Walsh, best-selling author, popular Women of Faith® speaker, and gifted recording artist, has a Godgiven passion for reaching out to women who are privately carrying around broken hearts. she knows what they are going through because she used to be one of them.

- Are you lonely but too ashamed to open up?
- Are you a victim of well-meaning friends who have told you to get over it?
- Have you tried to heal yourself, to tidy up your pain with a quick fix?
- Is there a voice inside you saying that you will never change, that you are not worthy of God's love, that you will always be stuck as you are right now?

In *The Heartache No One Sees*, Sheila shows you why some people are able to access and maintain an absolute hope that cannot be shaken? while others lose it like the morning mist. You're invited to join her on a prayer-filled, God-seeking journey to understand how to live in this world, with all its potential for hurt, pain, and fear, and still experience a deep healing that you are able to hold on to, no matter what life throws at you.



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