



# The First Rule of Ten: A Tenzing Norbu Mystery (Tenzing Norbu Mysteries)

*Gay Hendricks, Tinker Lindsay*

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"Don't ignore intuitive tickles lest they reappear as sledgehammers" That's the first rule of Ten. Tenzing Norbu ( "Ten" for short) -ex-monk and soon-to-be ex-cop-is a protagonist unique to our times. In *The First Rule of Ten*, the first installment in a three-book detective series, we meet this spiritual warrior who is singularly equipped, if not occasionally ill-equipped, as he takes on his first case as a private investigator in Los Angeles. Growing up in a Tibetan Monastery, Ten dreamed of becoming a modern-day Sherlock Holmes. So when he was sent to Los Angeles to teach meditation, he joined the LAPD instead. But as the Buddha says, change is inevitable; and ten years later, everything is about to change-big-time-for Ten. One resignation from the police force, two bullet-wounds, three suspicious deaths, and a beautiful woman later, he quickly learns that whenever he breaks his first rule, mayhem follows. Set in the modern-day streets and canyons of Los Angeles, *The First Rule of Ten* is at turns humorous, insightful, and riveting-a gripping mystery as well as a reflective, character-driven story with intriguing life-lessons for us all.

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