



# **14 Ways to Protect Your Baby from SIDS: Safe Sleep Advice from the Experts (A Parenting Press Qwik Book)**

*Rachel Y. Moon MD, Fern R. Hauck MD MS*

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In this fact-filled guide, medical doctors Moon and Hauck explain what is known about Sudden Infant Death Syndrome and other sleep-related deaths. They discuss which infants are at greatest risk, and describe in detail how to reduce risks and protect your baby. Just as important, they dispel common myths about "crib death." Throughout the book they cite the most recent research on SIDS.

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