



Surviving Stalking

Michele Pathé

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Surviving Stalking Michele Pathé

A practical and comprehensive survival manual for victims of stalking and related crimes, *Surviving Stalking* offers sound, realistic and practical advice to victims and guidance through each stage of the criminal justice processes in America, Britain, and Australia. Using case studies, Michele Pathé describes the traumatic effects of stalking, the course of these symptoms, and how best to access psychological care and support. A comprehensive book for a general readership, it provides a contemporary account of victim types, stalker types, stalkers' motives, strategies to prevent and overcome stalking, and a list of resources available to stalking victims. *Surviving Stalking* will be of great interest not only to those who have been or are being stalked, but also to the health, law enforcement, and legal professionals who work with stalkers and their victims. Michele Pathé is Director of the Stalking and Threat Management Centre and Consultant Forensic Psychiatrist, Victorian Institute of Forensic Mental Health, Victoria, Australia. Pathé is the co-author of *Stalkers and Their Victims* (Cambridge, 2000), winner of the American Psychiatric Association's 2001 Manfred S. Guttmacher award for an outstanding contribution to the literature in forensic psychiatry.

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