



The Rescue You Program: How to Improve Your Life and Reinvent Your Love after an Affair

Lisa Jacobs

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The Rescue You Program is a 9-step process designed to help you, the wounded partner, reconstruct your life in the aftermath of an affair. A broken relationship is an opportunity to learn new lessons of love and life. Rescue You is the only resource on infidelity to employ natural stress management and mind-body awareness techniques to healing both the pain and panic induced by an affair. You will not only recover from the past, you will learn how to embrace the present moment and become excited about the future. You can create a new and improved self! Eventually, you will be at peace with life, as if it were all in order and on purpose to create the best version of you. Just imagine that.

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