



Live the Life You Love: In Ten Easy Step-by-Step Lessons

Barbara Sher

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Barbara Sher has helped thousands of people recapture their dreams, overcome self-doubt and fear, and find meaning in their lives with her sensational bestsellers, *I Could Do Anything If I Only Knew What It Was* and *Wishcraft*. Now, in a work that is a brilliant culmination of her groundbreaking ideas, the *New York Times* bestselling author goes beyond the principles introduced in her previous books to explore the unique genius inside each of us. Here, Sher employs a new, phenomenally effective approach to uncovering hidden talents--and nurturing the inborn "gifts" that make you different from any other person and provide the key to creating a life you will love.

Combining fast-acting strategies and innovative exercises with motivational techniques and warm encouragement, Sher has designed an extraordinary step-by-step program that will help you uncover:

What quality will make you "unstoppable" (and it's far more effective than "discipline" or "willpower").

What your favorite childhood pastimes reveal about what it takes to be a happy adult.

How to use your natural curiosity, talents, and resources to turn your thinking--and your luck--around.

Why one-size careers do not fit all.

Foolproof techniques for leaping over the hurdles between you and your dream.

If you've been waiting for a job that rewards you with more than a paycheck, or for the perfect moment to take that "long-lost" dream off hold, Barbara Sher's exquisitely simple but utterly transforming program makes right now the perfect time to break free from a career that doesn't cut it tailor-make a meaningful, rewarding life to your personal specifications and create a foundation for success that's strong enough to support your heart's desire. With profound wisdom and insight, Barbara Sher has written a book that will lift your spirits, transform your thinking, and inspire you to dream--freeing you to do what you love and love what you do for the rest of your life!

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