

What's On Your Plate? kids and their families talk about what they eat, where it comes from, and why that matters

Catherine Gund

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In What's On Your Plate?, seven kids and their families explore the food chain, sharing fundamental questions and vital discoveries. With honesty, humor, and creativity, they face serious issues including the lack of access to fresh food; health problems such as obesity, diabetes, heart disease, and food allergies; and the national school lunch program. They celebrate time together by cooking and gathering at the table. The stories, recipes, and terrific activities in this book will inspire readers of all ages to be conscious of what they re eating and where it comes from, and to make positive changes in their homes, schools, and communities. The What's On Your Plate? project about kids and food politics started out as a documentary film from the point of view of two curious 11-year-old girls, Sadie and Safiyah. The film was broadcast on Discovery Channel s Planet Green and has been screened hundreds of times around the world, from Washington to Wisconsin, Glasgow to Seoul. Along the way, the girls spoke with friends, teachers, farmers, food activists, politicians, and each other; their journey inspired this book. As Sadie and Safiyah say, We're talking about our neighborhood. What about yours?



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Angela Dreiling:

Now a day people that Living in the era where everything reachable by connect to the internet and the resources inside can be true or not call for people to be aware of each details they get. How individuals to be smart in getting any information nowadays? Of course the answer then is reading a book. Looking at a book can help persons out of this uncertainty Information specifically this What's On Your Plate? kids and their families talk about what they eat, where it comes from, and why that matters book because this book offers you rich facts and knowledge. Of course the details in this book hundred pct guarantees there is no doubt in it you probably know this.

Tommy Heckman:

Hey guys, do you would like to finds a new book to study? May be the book with the title What's On Your Plate? kids and their families talk about what they eat, where it comes from, and why that matters suitable to you? The particular book was written by well-known writer in this era. Often the book untitled What's On Your Plate? kids and their families talk about what they eat, where it comes from, and why that mattersis the one of several books in which everyone read now. This specific book was inspired many people in the world. When you read this book you will enter the new dimension that you ever know just before. The author explained their idea in the simple way, so all of people can easily to know the core of this reserve. This book will give you a lots of information about this world now. In order to see the represented of the world in this particular book.

Lenore Cortez:

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Rigoberto Hamilton:

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